

F or Y our D riving



Ways to Prevent Falls

Preventing slips, trips, and falls are more than common sense. They usually are the result of strict company policies and engineering controls with the ultimate goal of hazard elimination. The prevention of slip trip and falls is the responsibility of everyone within the company, not just management and not just the employees. Review the following safe work practices and compare them with your company:

- Encourage driver wellness programs and stretching exercises.
- Ensure dock plates are functioning properly.
- Provide adequate lighting in and around trucks and dock areas.
- Equip freight beds with handholds and stepladders.
- Prohibit drivers jumping off equipment and docks.
- Ensure walkways and work areas are clear of trip hazards.
- Post walkway signage in work areas.
- Install and use tarping stations when applicable.
- Install fall protection systems when applicable.
- Keep shipping doors closed until trucks are parked and wheels are chocked.
- Require non-skid footwear for all drivers and dock personnel with no exceptions.
- Promptly investigate all slip, trip and falls to prevent future incidents.

Don't Let a Fall Trip Up Your Future!

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