Driving is the riskiest activity most of us will perform today.

How you behave behind the wheel has a lot to do with that. Your lifetime risk of being killed in a motor vehicle crash is 1 in 88, 3 times greater than your risk of being the victim of a homicide – and 50 times greater than dying in an airplane crash.

- Speeding nearly triples the risk of being in a crash;
- Drowsy driving nearly triples the risk of being in a crash;
- Distractions nearly double the risk of being in a crash;
- Aggressive driving more than doubles the risk of being in a crash.

Proceed with Caution!

June 7, 2011