

February 2021: American Heart Month

Confined Space Awareness, Heart Health

[February EHS Calendar Video](#)

Environmental (All of RIOS)

- Greener Living
 - <https://www.epa.gov/environmental-topics/greener-living>
- Recycle City
 - <https://www3.epa.gov/recyclecity/>
- **March 1, 2021** – Tier 2 (Tier II) reporting for Calendar Year 2020 under the federal Emergency Planning and Community Right-to-Know Act (EPCRA) regulations at 40 CFR Part 370
 - Links to each State’s reporting requirements:
 - [EPA Link to Tier II Reporting Requirements](#)

Confined Space Awareness (RIOS 3.1.3, 4.6, 5)

- Definition
 - <https://www.osha.gov/SLTC/confinedspaces/>
- OSHA Quick Card on permit required confined spaces
 - https://www.osha.gov/OshDoc/data_Hurricane_Facts/confined_space_permit.pdf
- Rescue
 - <https://www.osha.gov/Publications/OSHA3849.pdf>
- Hazards
 - <https://www.osha.gov/confined-spaces/hazards-solutions>

Heart Health

- Exercise
 - https://www.youtube.com/watch?v=NAaMN_I3mSU
- Diet / Nutrition
 - Recipes for a healthy heart
 - <https://recipes.heart.org/en>

National Burn Awareness Week: February 7 – 13

March 2 - Covered employers must electronically submit 2020 Form 300A information

- <https://www.osha.gov/injuryreporting/index.html>

