February 2023 – American Heart Month
Confined Space Awareness, Heart Health

Environmental

- **March 1, 2023** – Tier 2 (Tier II) reporting for Calendar Year 2022 under the Federal Emergency Planning and Community Right-to-Know Act (EPCRA) regulations at 40 CFR Part 370
  - [EPA Link to Tier II Reporting Requirements](#)

Confined Space Awareness

- ISRI Video Library
  - [Video: Confined Spaces](#)
- OSHA
  - [General Information](#)
  - [OSHA Quick Card](#)
  - [Rescue Fact Sheet](#)
  - [Hazards and Solutions](#)

Heart Health

- You Tube
  - [Diet and Exercise Quick Tips](#)
- American Heart Association
  - [Recipes for a Healthy Heart](#)

National Burn Awareness Week – February 5 – 11

- [American Burn Association Burn Awareness Week](#)

Important Dates and Observances

March 2 - Covered employers must electronically submit 2020 Form 300A information
- [Reporting Link](#)