FALL PROTECTION
Questions and Answers

Q: What’s the first thing you do when you’re putting on a full body harness?
A: Inspect it.

Q: When is it okay to stand on the top rung of a ladder?
A: Never.

Q: How far above the ground can you be before you have to use fall protection equipment?
A: 4 feet. (6 feet in the construction industry.)

Q: When is it okay to use a ladder that came in with a scrap load?
A: Never.

Q: How far above the landing or roof line should a ladder extend?
A: 3 feet. (Secure side rails at the top when 3 foot extension is not possible.)

Q: How tall should a standard guardrail be?
A: 42” (with a midrail and 4” toeboard)

Q: What’s a good way prevent falls from mobile equipment?
A: Use a 3-point contact when mounting and dismounting.

Q: Name 2 hazards that are common in our industry that lead to falls while walking.
A: Poor housekeeping. Uneven ground. Others?

Q: Have there been any falls (or almost falls) in your operation?
A: (Describe the incident and talk about what you did to prevent it from happening again.)