



Any distraction while driving can be an accident waiting to happen. Many cities and states have banned the use of cell phones while driving. For good reason. They can be a serious distraction from the most important job drivers have – driving!

Accident statistics show that talking on a cell phone while driving increase your chance of having an accident to the same level of risk as driving while impaired. It's the dialing, looking at the screen and otherwise taking your eyes off the road that's the problem. Hands-free phones can also be distracting. Many professional drivers simply avoid using the cell phone until they are stopped in a safe location. A good practice to follow.

Your company may have a cell phone use policy, or may be developing rules to follow. Pay attention to safe driving... not your telephone conversation.