



## 99% of Backing Accidents Can be Eliminated

Backing should always be your last option! By following the backing checklist described below approximately 99% of our backing accidents will be eliminated:

- ✓ Don't back unless absolutely necessary.
- ✓ Ensure all blind spots are clear.
- ✓ Eliminate all distractions while backing.
- ✓ Always use flashers, warning lights and sound your horn.
- ✓ Ensure all mirrors are properly adjusted.
- ✓ Align your vehicle for straight-line backing.
- ✓ Ensure available clearance; behind, above, on either side, and below your vehicle.
- ✓ Use <u>all\_mirrors</u> while backing.
- ✓ Always back slowly and be ready to stop quickly.
- ✓ Keep your eyes moving and scan your mirrors.
- ✓ Get Out And Look (G.O.A.L.)

Always check to ensure you have proper clearance, neglecting to look may cause an accident, and may affect your career.

Produced by the Institute of Scrap Recycling Industries <a href="https://www.isri.org">www.isri.org</a> <a href="https://www.isrisafety.org">www.isrisafety.org</a>

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February 26, 2013