

# **Health & Safety Training Calendar 2019**

January - Safety Policy Review, Safety Goals, Recordkeeping

**February** – Mobile Equipment/Pedestrian Safety

**March** – Lock Out/Tag Out/Try Out – Machine Guarding

**April** – Bloodborne Pathogen – 1<sup>st</sup> Aid/CPR - Emergency Action Plan

**May** – Confined Space Awareness – Electrical Safety

**June –** Heat Stress – Bee Stings – ISRI Safety Stand Down

**July** – Hazard Communication

**August** – PPE and Hearing Conservation

**September** – Respiratory Protection (voluntary use)

October - Fire Prevention and Hot Work Awareness - Housekeeping

**November – Fall Prevention – Ladder Safety** 

**December –** Cold Stress – Holiday Safety



### Other dates/subjects/topics to consider:

**February 1** - Beginning of time when employers must post summary of injuries and illnesses recorded the previous year (until April 30) (https://www.osha.gov/recordkeeping/index.html).

March 2 - Covered employers must electronically submit 2018 Form 300A information (<a href="https://www.osha.gov/injuryreporting/index.html">https://www.osha.gov/injuryreporting/index.html</a>). Ladder Safety Month (American Ladder Institute) (<a href="https://www.laddersafetymonth.com/">https://www.laddersafetymonth.com/</a>).

April 28 – Workers Memorial Day.

May – National Electrical Safety Month

(<a href="https://www.esfi.org/program/national-electrical-safety-month-314">https://www.esfi.org/program/national-electrical-safety-month-314</a>).

Asian Pacific American Heritage Month

(<a href="https://asianpacificheritage.gov/">https://asianpacificheritage.gov/</a>).

June 10 - 11 — National Forklift Safety Day (Industrial Truck Association)(
<a href="https://www.indtrk.org/national-forklift-safety-day">https://www.indtrk.org/national-forklift-safety-day</a>). June 12 — ISRI

National Safety Stand Down (Institute of Scrap Recycling Industries)(
<a href="https://www.isri.org/safety/annual-safety-stand-down-day-2018">https://www.isri.org/safety/annual-safety-stand-down-day-2018</a>).

National Safety Month (National Safety Council)(

<a href="https://www.nsc.org/work-safety/get-involved/national-safety-month">https://www.nsc.org/work-safety/get-involved/national-safety-month</a>).

**August 12 – 18** – OSHA Safe + Sound Week (https://www.osha.gov/safeandsoundweek/).

September 15 – Hispanic Heritage Month (Sept 15 – Oct 15)



#### **Resources and Links:**

#### Training Requirements in OSHA Standards

• <a href="https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FPublications%2Fosha2254.pdf">https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FPublications%2Fosha2254.pdf</a>

### Recordkeeping

https://www.osha.gov/recordkeeping/

#### Safety Goals

https://www.osha.gov/dcsp/compliance\_assistance/sampleprograms.html

#### **Fall Prevention**

- https://www.osha.gov/Publications/OSHA3666.pdf
- https://www.youtube.com/watch?v=Qpowg5Ynh0w&feature=youtu.be

### **Ladder Safety**

https://www.osha.gov/pls/publications/publication.searchresults?pSearch=ladder+safety

### Control of Hazardous Energy (Lock Out Tag Out Try Out)

- https://www.osha.gov/SLTC/controlhazardousenergy/
- https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FOshDoc%2Fda
   ta General Facts%2Ffactsheet-lockout-tagout.pdf

### **Machine Guarding**

https://www.osha.gov/SLTC/etools/machineguarding/generalrequirements.html

# Mobile Equipment/Pedestrian Safety

- https://docs.google.com/viewer?url=https%3A%2F%2Fwww.isri.org%2Fdocs%2Fdefault -source%2Fsafety%2Fblind-spots-everywhere.pdf%3Fsfvrsn%3D6
- <a href="https://www.isri.org/safety/safety-management-program-risps/forklift-mobile-equipment-operation">https://www.isri.org/safety/safety-management-program-risps/forklift-mobile-equipment-operation</a>



### 1st Aid/CPR

• <a href="https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FPublications%2FOSHA3317first-aid.pdf">https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FPublications%2FOSHA3317first-aid.pdf</a>

#### Bloodborne Pathogen

• <a href="https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FPublications%2Fosha3186.pdf">https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FPublications%2Fosha3186.pdf</a>

### **Emergency Action Plan -**

https://www.osha.gov/SLTC/etools/evacuation/eap.html

#### **Confined Space**

- https://www.osha.gov/SLTC/confinedspaces/
- https://www.osha.gov/Publications/osha3138.html

### **Electrical Safety**

- https://www.osha.gov/SLTC/electrical/
- https://www.osha.gov/Publications/electrical\_safety.html

#### **Heat Stress**

- https://www.osha.gov/SLTC/emergencypreparedness/guides/heat.html
- <a href="https://www.osha.gov/as/opa/heatstress/index.html">https://www.osha.gov/as/opa/heatstress/index.html</a>

## **Bee/Insect Stings**

- https://docs.google.com/viewer?url=https%3A%2F%2Fwww.workcare.com%2Fwpcontent%2Fuploads%2F2016%2F02%2FWC-Fact-Sheet-Avoiding-and-Treating-Bites-and-Stings.pdf
- https://www.cdc.gov/niosh/topics/insects/default.html



#### **Hazard Communication**

- https://www.osha.gov/dsg/hazcom/
- <a href="https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FPublications%2FOSHA3696.pdf">https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FPublications%2FOSHA3696.pdf</a>
- https://www.osha.gov/pls/publications/publication.athruz?pType=Industry&pID=96

#### Personal Protective Equipment

- <a href="https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FOshDoc%2Fda">https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FOshDoc%2Fda</a> ta General Facts%2Fppe-factsheet.pdf
- <a href="https://www.osha.gov/SLTC/personalprotectiveequipment/hazards">https://www.osha.gov/SLTC/personalprotectiveequipment/hazards</a> solutions.html

### **Hearing Protection**

https://www.osha.gov/SLTC/noisehearingconservation/

#### **Respiratory Protection**

- https://www.osha.gov/SLTC/respiratoryprotection/
- https://www.osha.gov/Publications/OSHA3079/osha3079.html

#### Fire Prevention

- https://www.osha.gov/SLTC/etools/evacuation/fire.html
- <a href="https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FOshDoc%2Fda">https://docs.google.com/viewer?url=https%3A%2F%2Fwww.osha.gov%2FOshDoc%2Fda</a> ta General Facts%2FFireSafetyN.pdf
- https://www.osha.gov/pls/publications/publication.athruz?pType=Industry&pID=84

#### Hot Work

- https://www.osha.gov/SLTC/weldingcuttingbrazing/
- https://docs.google.com/viewer?url=https%3A%2F%2Fwww.nfpa.org%2F-%2Fmedia%2FFiles%2FCode-or-topic-fact-sheets%2FHotWorkFactSheet.pdf
- <a href="https://docs.google.com/viewer?url=https%3A%2F%2Fwww.csb.gov%2Fassets%2F1%2F">https://docs.google.com/viewer?url=https%3A%2F%2Fwww.csb.gov%2Fassets%2F1%2F</a> 6%2Fcsb cdl factsheet hot work.pdf%3F16214



### Housekeeping

- https://www.osha.gov/laws-regs/regulations/standardnumber/1910/1910.22
- <a href="https://www.safetyandhealthmagazine.com/articles/12470-tips-for-effective-workplace-housekeeping">https://www.safetyandhealthmagazine.com/articles/12470-tips-for-effective-workplace-housekeeping</a>

#### **Cold Stress**

- <a href="https://www.osha.gov/dts/weather/winter-weather/beprepared.html">https://www.osha.gov/dts/weather/winter-weather/beprepared.html</a>
- <a href="https://www.osha.gov/SLTC/emergencypreparedness/guides/cold.html">https://www.osha.gov/SLTC/emergencypreparedness/guides/cold.html</a>

#### **Holiday Safety**

- <a href="https://www.cdc.gov/family/holiday/index.htm">https://www.cdc.gov/family/holiday/index.htm</a>
- <a href="https://docs.google.com/viewer?url=http%3A%2F%2Fwww.sbccd.org%2F~%2Fmedia%2">https://docs.google.com/viewer?url=http%3A%2F%2Fwww.sbccd.org%2F~%2Fmedia%2</a>
  <a href="mailto:FFiles%2FSBCCD%2FDistrict%2FEHS%2FSafety%2520Newsletter%2FSBCCDHolidaySftyBu">FFiles%2FSBCCDMolidaySftyBu</a>
  <a href="mailto:Illetin">Illetin</a> EHSQuarterlyDec.2014.pdf